



Need to improve your skating skills?

Hockey 1-4:

For players who need to develop skating skills like forward and backward crossovers, stops and strides.

Available Saturdays 10-10:40 am or Mondays 6-6:40 pm
(offered as part of VSC's group skating classes)

Class format: 20 min. of group instruction and 20 min. of practice

Cost: \$75 for 8 weeks

New sessions start 3/22 (Mondays) and 3/27 (Saturdays).

Power Skating:

For players who need to fire up their skills.
Skaters should be able to do forward and backward crossovers.

Class: Wednesdays 5:15-5:45 pm, includes stick time before class.

February 24-March 31 \$65

Mini Camp: March 23, 24, 25 6-6:50 pm \$50

Questions? Email carrie@valleysportscomplex.com